



WHAT IS PRACTICE PLAN?



Practice plan is a maintenance plan offering regular visits with the dentist and hygienist on a quarterly basis, spread over a manageable monthly fee.

Benefits of Practice Plan:

1. 2 visits annually for examination with your Dentist
2. 2 hygiene visits annually with our Dental Therapist
3. 15% discount of any further dental treatments you should require, Eg crowns, root canal treatments etc. (excludes specialist work)
4. Promotes prevention with regular examinations and oral hygiene maintenance to minimise future requirement for dental treatments and unnecessary pain or swelling.

Please ask at reception for further details on how to join.



DR LIDIA FERRITTO

Lidia qualified from University College, London in 1987 and then went on to gain an MSc in periodontology from Guy's Hospital. Lidia's wealth of experience has encompassed running a private referral practice for Periodontology and Implantology in London. Lidia is a fellow of Straumann Institute and has specialist registration in periodontology. She also writes articles on implantology as well as lecturing and teaching in the UK and the Republic of Ireland.

Lidia works closely with Helens Bay and carries out the placement of Implants, alongside specialist periodontal treatments. Lidia is available for consultation and you can be referred directly for treatment from our dentists, Dr Gareth Small and Dr Sarah Lochhead.

Please ask your dentist for further information on Dental Implants, should you be interested in treatment and an assessment for suitability.

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Courses at Helens Bay Dental

GARETH SMALL BDS



MASTERING COMPOSITE ARTISTRY

Gareth was recently accepted into a course given to a select few by one of the most respected dentists in the world. The course was delivered by Dr Newton Fahl, in Curitiba, Brazil.

Since 1990, Dr. Fahl has dedicated himself to teaching aesthetic and cosmetic dentistry at a post-graduate level and has accumulated much experience in the art and science of teaching from extensively lecturing internationally. The course content covers the most advanced techniques in delivering white composite fillings and their specialised use for cosmetic restorations. We're looking forward to what this will mean for our patients.



BEFORE AND AFTER
PHOTOS USING
ADVANCED COMPOSITE
TECHNIQUES



ORAL HYGIENE COURSE

Glenda, our senior dental nurse, is currently completing a course in Oral Hygiene. This course will cover further education on Oral Health and Oral Hygiene instruction. She hopes to be able to provide further assistance for patients and children, in conjunction with their visits to the hygienist, on how to maintain your oral health consistently to help prevent further dental treatment in the future. We are looking forward to the additional service she will be able to provide.

GLENDAL MCALISTER



MISSING THE FEEL OF NATURAL TEETH?



WHY USE DENTAL IMPLANTS?

Our teeth are an important part of our charisma. They give us quality of life and self-confidence. They enable us to enjoy eating, laugh freely, speak clearly and they give us security in ordinary life so that we feel positive and natural.

Life leaves its traces on our teeth. Teeth can be lost very often. This can be due to diseases of the teeth and gums (e.g. periodontitis) or accidents (sport, ordinary life).

Missing teeth make themselves felt not just aesthetically but also functionally and restrict us in many ways.

For over 40 years, dental implants have offered a way of replacing teeth completely and long-term.

Dental implants:

- ◆ replace one or more lost teeth
- ◆ hold prostheses securely in the mouth
- ◆ are scientifically researched and tested (convincing success rates of over 96%)
- ◆ have been used successfully in dentistry for decades

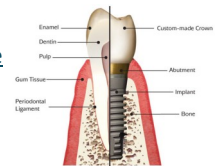
WHAT IS A DENTAL IMPLANT?

A tooth root made of titanium

A dental implant is a small screw made of titanium, which is well tolerated as the body accepts it as its own. Intolerance occurs rarely.

A short and painless operation for a long-term solution

In order to take over the function of the tooth root, the dental implant is inserted in the jaw bone by a short operation under local anaesthetic as an outpatient procedure. It knits painlessly with the bone, thus forming a solid basis for the long-term and stable fixation of your new tooth.



FURTHER INFORMATION ON DENTAL IMPLANTS AND PRICING IS AVAILABLE; PLEASE ASK YOUR DENTIST OR RECEPTION, WHO WOULD BE HAPPY TO HELP.