



TOP 5  
REASONS TO  
BOOK  
TREATMENT  
AT HELENS  
BAY DENTAL:



1. We have a specialist team with over 50+ years experience in private dentistry.
2. We offer a wide range of treatments and services, including cosmetic dentistry and implant placement to preventative and oral health care.
3. Finance options available
4. Friendly and relaxed atmosphere, catering for the needs of anxious patients
5. Convenient location – train station + parking



LORRIANE DUNLOP EDH:

Lorraine qualified from Eastman Dental Hospital, University College London, in 2002.

She brings to the practice her experiences from working in hospital, community and private practice environments. Lorraine is one of the very few dental therapists in Northern Ireland. She is qualified not only to treat gum disease as a hygienist, but can also carry out:

- ◆ Fillings in adult teeth
  - ◆ Fillings in baby teeth (including pulp treatments and placing preformed crowns)
  - ◆ Extraction of baby teeth
  - ◆ Take radiographs
  - ◆ Take impressions of teeth
- Lorraine strongly believes that good oral health is essential for prevention of dental disease and for the maintenance of successful dental treatment. Our practice plan policy offers 2 hygiene appointments with Lorraine per year or they can be booked on a private pay per visit basis. Call reception to book an oral hygiene appointment with Lorraine on 02891853304. Please see [www.bsdt.org.uk](http://www.bsdt.org.uk) for further info on dental therapy

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O C T 0 9



## The "invisible" way to straighten your teeth

### The clear alternative to braces

Invisalign uses a series of clear aligners that are custom-moulded to fit you. The virtually invisible aligners gradually reposition your teeth into a smile you'll be proud of.

- ◆ Remove your aligners to eat, brush and floss
- ◆ Change aligners every two weeks
- ◆ Your teeth move little by little
- ◆ Regular progress checks with your dentist or orthodontist
- ◆ Results often in 9 to 15 months



### Why people prefer Invisalign

The convenience and ease of use of the Invisalign system have made it the choice of over half a million people. In fact, Invisalign has been effective in giving hundreds of thousands of people amazing new smiles.

- ◆ Most people won't notice you're in treatment
- ◆ Won't disrupt your lifestyle
- ◆ Be as active as you like because Invisalign won't hold you back
- ◆ Remove your aligners for special events, eating and brushing
- ◆ Unobtrusive in business meetings or social gatherings
- ◆ Feel more confident everywhere you go

No metal wires or bands to irritate your mouth, and best of all, most people won't notice you're in treatment. Invisalign®, the clear alterna-

tive to braces, has been chosen by over 500,000 people who want amazing smiles. Should you be interested in going ahead with the treatment but are worried about the price, we do offer a credit arrangement over a 5yr period, working out at approximately £75 per month. Alternatively we can offer 12 months interest free credit, that being £312.50 per month (free whitening including during treatment).

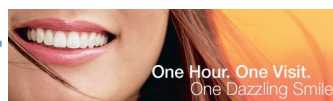
Before

After



Our dental nurse Jacinta is currently undertaking treatment and would be happy to answer any queries you may have. Please ask at reception for further details and to book a complimentary consultation

**BRITE SMILE**  
One Hour Professional Teeth Whitening



One Hour. One Visit.  
One Dazzling Smile.

## Wishing for a whiter Christmas?

Let's face it: one of the first things you notice about people is their smile. When you meet someone with a bright, natural smile, it catches your attention. However, over time, the natural aging process and your lifestyle (smoking or drinking coffee, tea, or wine) can stain your teeth. To get your smile back to looking its best, you should choose a whitening method that:

- ◆ Achieves the longest-lasting results
- ◆ Gives you the most naturally brilliant and uniform look
- ◆ Is clinically proven to be safe and effective
- ◆ Uses a low concentration of active ingredient (hydrogen peroxide)
- ◆ Is administered by dental professionals

Britesmile can be completed at the practice in just over 1 hour, lifting the shade of the teeth approx 7-8 shades in one sitting (results vary dependant on the current colour of your teeth).

Britesmile is currently on special offer at £295.00 for a limited period. Please enquire at reception for further details or to book an appointment.

