



Teeth Whitening from Helens Bay Dental Practice

5 reasons why you should treat yourself to shiny, whiter teeth

Now you can feel like a new person with a whiter smile.

Tea, coffee, red wine, fruit juice and smoking can all discolour your teeth.

Fortunately, you can make a simple choice right now: you can choose to reverse years of staining.

At Helens Bay Dental Practice we can do this for you.

And it's a treat that doesn't have to cost a lot.

Here are 5 reasons why patients like you love our teeth whitening:

1. You can enjoy shiny, whiter teeth within days
2. You can look your best for a special occasion (or just because)
3. You can safely and quickly get the best possible results
4. It's convenient (you can whiten your teeth at home, or a combination of at-home and in-surgery treatment at Helens Bay Dental Practice)
5. You can achieve all this without spending a lot of money

Look and feel younger

Our dentists have given whiter-teeth confidence to hundreds of patients like you.

Maybe you'd like fresh-looking teeth for a special event - your birthday party or a job interview.

We treat brides and grooms to help them look their best.

Lots of our teeth-whitening patients believe they look - and therefore feel - younger.

How does it work?

With dentist-supervised home whitening:

1. Your dentist makes thin plastic teeth guards that fit you perfectly
2. You squeeze whitening gel into the trays at home – you then wear them overnight for the best whitening results
3. You get great results in as little as 2-3 weeks

Enlighten:

Enlighten is a combination treatment, consisting of custom-made at home whitening trays and an in-surgery session with an accelerated gel.

1. You have your teeth desensitised by using Tooth Serum toothpaste and attending the practice to have a desensitising solution painted onto the teeth
2. Whiten at home using custom-made trays for 2 weeks
3. Return to the practice for an in-surgery whitening session, using an accelerated gel.
4. Achieve a guaranteed shade of B1!

Happy patients

A lot of our patients who were once reluctant, now gladly show off their brighter smile.

Our skilled dentists have practised for a combined total of 40 years.

Many of our happy patients have been with Helens Bay Dental Practice for a long time. We know how important your treatment is to you. That's why patients like you keep coming back.

Our dentists will tell you to beware of buying self-whitening kits off the shelf and online.

Only a dentist can be trusted to safely get you the best results. Please don't take any chances with your teeth.

Money well spent

We can help you to feel good about your smile with teeth whitening.

And it's becoming more affordable.

Finding out more is easy...

Simply give us a call or email using the details below. We can answer any questions you might have, or organise a consultation for you.

tel: 02891 851 221

enquiries@helensbaydental.co.uk

www.helensbaydental.co.uk

